

BLIOGRAPHY AND RESOURCES

CATHOLIC CHURCH TEACHING

The Second Vatican Council

1965. Pope Paul VI. *Gaudium et spes* [*Pastoral Constitution on the Church in the Modern World*]. Vatican Website, December 7, 1965.

http://www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_cons_19651207_gaudium-et-spes_en.html.

One of the 16 documents composed at the Second Vatican Council, this pastoral constitution articulates fundamental Church teachings on the role of the Christian in modern society. Covering a broad range of political, social, economic, and theological topics, the Council fathers devote an entire section to marriage and the family.

The sections on marriage and the family are available at <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/upload/Gaudium-et-Spes-NFP-Notes-on-Marriage.pdf>.

Papal Teaching

2016. Pope Francis. *Amoris laetitia* [*The Joy of Love*]. Vatican Website, April 8, 2016.

https://w2.vatican.va/content/dam/francesco/pdf/apost_exhortations/documents/papa-francesco_esortazione-ap_20160319_amoris-laetitia_en.pdf.

This apostolic exhortation is the result of Pope Francis's prayerful reflection on the discussions and outcomes of two synods of bishops held in Rome October 2014 and October 2015 on marriage and the family. Paragraphs no. 80-85, treat the Church's teaching on "The Transmission of Life and the Rearing of Children."

2005. Pope Benedict XVI. *Deus caritas est* [*God is Love*]. Vatican Website, December 5, 2005.

http://w2.vatican.va/content/benedict-xvi/en/encyclicals/documents/hf_ben-xvi_enc_20051225_deus-caritas-est.html.

This papal encyclical reflects upon the theological virtue of love or Christian charity which is central to the whole of the Christian faith. While broadly teaching about love, the work is nevertheless applicable to all facets of the Christian life, including that of marriage. This encyclical provides fundamental principles for understanding the true nature of love that helps in grasping the anthropology behind the Church's teachings about conjugal love and responsible parenthood. Recommended paragraphs are nos. 2, 5, 6, 8 and 11.

1995. St. Pope John Paul II. *Evangelium vitae* [*The Gospel of Life*]. Vatican Website, March 25, 1995. http://w2.vatican.va/content/john-paul-ii/en/encyclicals/documents/hf_jp-ii_enc_25031995_evangelium-vitae.html.

This papal encyclical teaches about the gift and value of human life. Threats to the value of life are discussed and Christians are urged to create a new Culture of Life, fostering a deeper appreciation and respect for all men and women. Included in the discussion of threats to human life is the subject of contraception [see nos. 13, 16, 17, and 91] which is

described as against God's design for married love. In the text the goodness of the methods of Fertility Awareness Based Methods of family planning is discussed [see nos. 88, and 97].

1994. _____. *Gratissimam sane* [Letter to Families]. Vatican Website, February 2, 1994. https://w2.vatican.va/content/john-paul-ii/en/letters/1994/documents/hf_jp-ii_let_02021994_families.html.
1993. St. Pope John Paul II. *Veritatis Splendor* [The Splendor of Truth]. Encyclical. http://w2.vatican.va/content/john-paul-ii/en/encyclicals/documents/hf_jp-ii_enc_06081993_veritatis-splendor.html.
This encyclical corrects numerous deviant moral theologies of the modern period. Among the subjects the Holy Father discusses are: the proper understanding of human freedom, conscience and its valid formation, the moral law (including the category of "intrinsic evil"), and the truth expressed in *Humanae Vitae*. Of particular interest are nos. 55, 56, 63, 64, 67, 68, 75, 76, 79-81.
1988. _____. *Mulieris Dignitatem* [On the Dignity and Vocation of Women]. Apostolic Letter. Vatican Website, August 15, 1988. http://w2.vatican.va/content/john-paul-ii/en/apost_letters/1988/documents/hf_jp-ii_apl_19880815_mulieris-dignitatem.html.
1981. _____. *Familiaris consortio* [The Role of the Christian Family in the Modern World]. Vatican Website, November 22, 1981. http://w2.vatican.va/content/john-paul-ii/en/apost_exhortations/documents/hf_jp-ii_exh_19811122_familiaris-consortio.html.
This Apostolic Exhortation addresses the place of the Christian family both in the Church and in the modern world. At the service of both life and love, the Christian family must seek its identity in the Divine Creator, participate in the mission of the Church, and work to effect change in society. Catholic teachings on marriage, conjugal love and responsible parenthood and the methods of Natural Family Planning are also discussed (see especially nos. 11, 28-36.).
- 1979-1984 _____. *Theology of the Body*, Papal Addresses. <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/theology-of-the-body.cfm>.
Theology of the Body is the title given to the collection of papal talks [addresses] on God's design for human sexuality by Pope John Paul II during the course of five years. Appealing to the individual's experiences of truth, the Holy Father discusses both Sacred Scripture and Catholic Tradition on the subject. This approach seeks not only to make understandable the rich theology of Catholic teaching on the nature of humanity created as man and woman, but also to communicate the truth and beauty of God's design of human sexuality. Included in this series is a substantial reflection on the papal encyclical, *Humanae vitae* [Of Human Life] which treats married love and responsible parenthood.

See also Pope John Paul II. *Man and Woman He Created Them: A Theology of the Body*. Translated by Michael Waldstein. Pauline Books and Media, 2011.

1977. Blessed Pope Paul VI. *25th Allocution to the General Assembly of Pharmacology*.
The Holy Father discusses the importance of the knowledge of the “biological laws of human fertility” which can help married couples healthfully regulate births when using the natural methods. He urges further scientific research in this area.

1968. _____. *Humanae vitae [Of Human Life]*. Vatican Website, July 25, 1968.

http://w2.vatican.va/content/paul-vi/en/encyclicals/documents/hf_p-vi_enc_25071968_humanae-vitae.html.

This papal encyclical teaches about God’s design for married love and the gift of life. The important modern question about spacing and limiting births in marriage is considered within the context of God’s design for marriage. Included in the teaching is a discussion of the immorality of contraception, direct sterilization, and abortion [which are intrinsically evil] and the morality of Fertility Awareness Based Methods of family planning.

1958. Pope Pius XII. *Address to Hematologists*.

Included in the discussion of the Holy Father is the topic of the immortality of steroidal/hormonal contraception. He does, however, mention that such medical drugs may licitly be used to treat serious organic dysfunction.

1951. _____. *Allocution to Midwives*. October 29, 1951.

<https://www.ewtn.com/library/PAPALDOC/P511029.HTM>.

This allocution treats the nature of the midwife’s profession which includes a profound respect for human life. Among the points made are those of the immorality of contraception and abortion.

1932. Pius XI. *Address to Physicians*.

The Holy Father discusses his hope that physicians would take on the task of studying the problems as addressed in his encyclical, *Casti connubii*.

1930. Pius XI. *Casti connubii [On Christian Marriage]*. Vatican Website, December 31, 1930.

<http://w2.vatican.va/content/vatican/it.html>.

This papal encyclical teaches about the virtue of marital chastity. Included is a reflection on the threats to marriage. The dignity of marriage and its spiritual benefits are also treated.

Documents of the Holy See

2014. *Instrumentum Laboris [The Pastoral Challenges of the Family in the Context of Evangelization]*. III Extraordinary General Assembly, Synod of Bishops. Vatican Website, June 26, 2014. http://www.vatican.va/roman_curia/synod/documents/rc_synod_doc_20140626_instrumentum-laboris-familia_en.html.

This document provides a reflection on the major challenges facing the family in the early twenty-first century. The text serves to articulate the agenda of the 2014 Extraordinary General Assembly of bishops held in Rome.

2008. *Dignitas personae [On Certain Bioethical Questions]*. Congregation for the Doctrine of the Faith. Vatican Website, December 8, 2008.
http://www.vatican.va/roman_curia/congregations/cfaith/documents/rc_con_cfaith_doc_20081208_dignitas-personae_en.html.
 This document grapples with a number of bioethical questions raised in response to modern technological advancements in the field of human fertility and infertility. Using the principles of Catholic moral teaching, the document brings clarity and truth to the debates surrounding both procreation and genetic manipulation.
1997. *Catechism of the Catholic Church*. Vatican Website.
http://www.vatican.va/archive/ENG0015/_INDEX.HTM.
 This comprehensive treatment of the Church's teaching touches upon every facet of the Christian faith. The *Catechism* is divided into four main sections: the profession of faith [the Creed], the celebration of the Christian mystery [the Liturgy], life in Christ [the moral life], and Christian prayer. While references to marriage and family can be found throughout the entire book, one may find paragraphs 1601-1666 and 2331-2400 to be particularly applicable for education on marriage and conjugal morality.
1997. *Vademecum for Confessors Concerning Some Aspects of the Morality of Conjugal Life*. Pontifical Council for the Family. Vatican Website, February 12, 1997.
http://www.vatican.va/roman_curia/pontifical_councils/family/documents/rc_pc_family_doc_12021997_vademecum_en.html.
 This brief document provides guidelines for the administration of the Sacrament of Reconciliation in difficult moral circumstances (particularly those concerning married life). Although addressed to confessors within the clergy, the document serves as a standard to guide all Christians in carrying out the call of Christ to live the virtue of chastity.
1995. *The Truth and Meaning of Human Sexuality: Guidelines for Education within the Family*. The Pontifical Council on the Family. Vatican Website, December 8, 1995.
1988. *Submission of the Catholic Church to the XXII Council for the International Organizations of Medical Sciences Conference on Ethics and Human Values in Family Planning: An International Dialogue on Rights and Responsibilities of Individuals and Societies*. The Holy See. June 19-24, 1988. Reprinted in *The International Review of Natural Family Planning* 12 (Summer 1988): 87-105. <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/upload/intl-review-NFP-1988-VaticanStatement-Ethics-and-Human-Values.pdf>.
 This statement notes that there are no value free methods of family planning. It then lists six ethical challenges of contraception, drawing on examples. The document also explains that though the world sees a family planning crisis, the Church sees the real problem as one of ethics. (*Note: The name of the Vatican Dicastery is not provided in this reprint.*)
1987. *Donum vitae [Instruction on Respect for Human Life]*. Congregation for the Doctrine of the Faith. Vatican Website, February 22, 1987.
http://www.vatican.va/roman_curia/congregations/cfaith/documents/rc_con_cfaith_doc_19870222_respect-for-human-life_en.html.

Written in the midst of significant medical innovation on assisted reproductive technology, this document defends the gift and dignity of human life [particularly in its earliest stages], against the onset of intrusive and immoral scientific innovation..

1975. *Persona humana* [*Declaration on Certain Questions Concerning Sexual Ethics*]. Sacred Congregation for the Doctrine of the Faith. Vatican Website, December 29, 1975. http://www.vatican.va/roman_curia/congregations/cfaith/documents/rc_con_cfaith_doc_19751229_persona-humana_en.html.

Catholic Episcopal Conferences

United States Conference of Catholic Bishops

2009. *Life-Giving Love in an Age of Technology*. Pastoral Letter. USCCB Website, November 17, 2009. <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/upload/Life-Giving-Love-in-an-Age-of-Technology-2009-2.pdf>. This pastoral teaching on marriage and infertility brings Catholic moral principles into the discussion on modern reproductive technologies. The bishops defend the dignity of procreation, reserving it to the conjugal union of spouses. The moral and immoral means of remedying infertility are clearly discussed..

2009. *Ethical Directives for Catholic Hospitals*. 5th ed. USCCB Website, November, 2009. <http://www.usccb.org/issues-and-action/human-life-and-dignity/health-care/upload/Ethical-Religious-Directives-Catholic-Health-Care-Services-fifth-edition-2009.pdf>. This document provides instruction for health care professionals regarding the mission and scope of their work. Addressing both pastoral and moral issues alike, the bishops provide guidance on the standards expected of those in Christian health care. The *Directives* include instruction on specific moral dilemmas encountered in the health care field including those that pertain to human fertility and life.

2009. *Marriage: Love and Life in the Divine Plan*. Pastoral Letter. USCCB Website, November 17, 2009. <http://www.usccb.org/issues-and-action/marriage-and-family/marriage/love-and-life/index.cfm>.

This pastoral letter provides a summary of Church teaching on marriage as a natural institution and as a sacrament. It includes a discussion on the ethical transmission of life in marriage.

2006. *Married Love and the Gift of Life*. Pastoral Resource. USCCB Website, November, 2006. <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/upload/Married-Love-and-the-Gift-of-Life-English-version.pdf>. This document summarizes Church teaching on marriage, conjugal love, and responsible parenthood in an easy to read question and answer format. NB: Audio files in English and Spanish are at <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/index.cfm>.

1993. *Human Sexuality from God's Perspective, Humanae Vitae 25 Years Later*. A Statement by the USCCB Committee for Pro-Life Activities. USCCB Website.

<http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/catholic-teaching/upload/Human-Sexuality-from-God-s-Perspective-Humanae-Vitae-25-Years-Later.pdf>.

This short anniversary statement revisits the teachings of *Humanae vitae* on its twenty-fifth anniversary. It emphasizes the reverence due to human life and the responsibility of parents to defend such an invaluable gift. In protecting the great worth of human sexuality in God's plan, the document has a section devoted specifically to Natural Family Planning.

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PASTORAL RESOURCES

Books

A Preachable Message: The Dynamics of Preaching Natural Family Planning. Billings Ovulation Method™ Association, USA. 2nd ed, 2014. NB: This book provides advice from various bishops, priests, and deacons about how they approach the topic of preaching on NFP and Church teaching which supports its use in marriage in a homily. Contact moma-usa@msn.com.

Enchiridion on the Family, A Compendium of Church Teaching on Family and Life Issues from Vatican II to the Present. 2000. This volume provides a variety of Church documents from the Magisterium, papal teachings, and instructions from Vatican dicasteries.

Lexicon: The Family and Human Procreation. Pontifical Council for the Family, 2006. A collection of essays that apply equally to social ethics and sexual, marital, and family ethics (as well as bioethics). <http://archive.wf-f.org/FamilyandHumanProcreation.html>.

Lexicon: Ambiguous and Debatable Terms Regarding Family Life and Ethical Questions. Pontifical Council for the Family, 2003. This dictionary, edited by the Pontifical Council for the Family, collects in 1,000 pages 78 topics/articles written by well-known experts. This volume is useful for pastoral work.

Love is Our Mission: The Family Fully Alive A Preparatory Catechesis for the World Meeting of Families. Pontifical Council for the Family and the Archdiocese of Philadelphia, 2015.

Papal Teachings, Matrimony. Selected and Arranged by the Benedictine Monks of Solesmes. Translated by Michael J. Byrnes. St. Paul Editions, 1963. NB: This volume provides papal teaching from Benedict XIV (1740-1758) to John XXIII (1958-1963).

Brochures

Natural Family Planning. NFP Program, Secretariat of Laity, Marriage, Family Life and Youth, USCCB. Washington DC, 1995. www.usccb.org/nfp/what-is-nfp/index.cfm. This eight panel brochure provides basic information on the methods of Natural Family Planning. Written in a popular conversational style, this brochure is useful for marriage preparation programs and general parish education. Orders: customerservice@ifcweb.com; tel., 1-866-582-0943. Ask for publication #9521 (English) and #9525 (Spanish).

Natural Family Planning–LOVE–MERCY–LIFE—Opening the Heart of Marriage. NFP Program, Secretariat of Laity, Marriage, Family Life and Youth, USCCB. Washington DC, 2016. www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/what-is-nfp/responsible-parenthood.cfm. This eight panel brochure features a reflection on Church teaching regarding conjugal love, responsible parenthood and the methods of Natural Family Planning viewed through the lens of love, mercy and life. The text is conversational but instructive with important Church documents referenced. This brochure is designed to be used for catechetical programs, including marriage preparation. Orders: customerservice@ifcweb.com; tel., 1-866-582-0943. Ask for publication #1626 (English).

NFP Myth and Reality. NFP Program, Secretariat of Laity, Marriage, Family Life and Youth, USCCB. Washington DC, 1995. www.usccb.org/nfp/what-is-nfp/frequently-asked-questions.cfm. This eight panel brochure provides information on the most misunderstood points concerning the methods of Natural Family Planning and Catholic teachings which support its use in marriage. Orders: customerservice@ifcweb.com; tel., 1-866-582-0943. Ask for publication #9522 (English); Item #9523 (Spanish).

Diocesan NFP Programming

Standards for Diocesan NFP Ministry. United States Conference of Catholic Bishops, Administrative Committee, 2010. <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/diocesan-ministry/standards.cfm>. This document articulates the basic standards that comprise quality diocesan Natural Family Planning ministry. The *Standards* can be used to either develop or strengthen diocesan NFP ministry. A mentoring implementation process accompanies the document; see <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/diocesan-ministry/standards-implementation-forms.cfm>.

National NFP Awareness Week. United States Conference of Catholic Bishops, NFP Program. <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/awareness-week/index.cfm>. This national NFP education campaign provides various resources for NFP educators who plan activities in their dioceses. Among the central resources are a poster and homily notes for clergy. The week is celebrated in July from the Sunday to the Saturday in the month of July that includes the anniversary date of *Humanae vitae* (July 25).

Educational Programs

Imago Dei-Imaging God in Our Lives. Imago Dei, Inc. <http://www.imagodei-tob.org>. Imago Dei is a Catholic nonprofit corporation in Washington, DC. It was formed in 2007 to manage the study group program for *A New Language: A Study Guide for the Theology of the Body*, which was started by Women Affirming Life, Inc. Today, this non-profit organization trains facilitators to lead small study and prayer groups on the Theology of the Body. Contact: 1-202-962-0040; TOBStudy@imagodei-tob.org.

The Theology of the Body Institute. <http://tobinstitute.org>. The TOB Institute, which is located in Pennsylvania, provides education on St. John Paul II's Theology of the Body. A variety of programs held on site are offered throughout the year. Of note are the special clergy TOB retreats where prayer and study are combined. An annual national conference is also offered at various locations around the country.

E-Learns

Catholic Sexuality, Chastity Education. The St. Augustine Foundation. www.catholicsexuality.com. The St. Augustine Foundation is committed to providing education on Church teachings, especially the subjects of human sexuality, the virtue of chastity, and the moral regulation of birth. Among their resources are several brief e-courses tailored for young adults. The full 9-session Course Lesson Plan from LIFENET is available as a free download to be used in forty-minute classroom settings.

Marriage Preparation Programs

Joy-Filled Marriage. Ascension Press. <http://shop.ascensionpress.com/t/category/study-programs/marriage-preparation>. This marriage preparation program is divided into two parts: *God's Plan for a Joy-Filled Marriage*, which discusses the sacramentality of marriage; and *Living a Joy-Filled Marriage*, which approaches "life-skills" through an emphasis on virtue. The content draws from the rich and positive language of St. John Paul II's Theology of the Body. It provides a compelling vision of human sexuality and the Catholic sacramental understanding of marriage. The format is flexible and can be integrated into existing marriage preparation programs.

Fully Engaged, A Catholic Catechetical Premarital Inventory. Diocese of St. Cloud. <http://omf.stcdio.org/marriage-ministries/fully-engaged>. This premarital inventory that was designed by the staff of the Office of Marriage and Family Life in the Diocese of Saint Cloud, helps engaged couples solidify the foundation upon which they, together with Christ, will build their Sacrament of Marriage. The program invites engaged couples to become: more familiar with the richness of the Catholic tradition on marriage; more aware of their strengths and areas of needed growth; more involved in Catholic parish life; more committed to Christ and one another; and integrates Church teaching on conjugal love, responsible parenthood and the methods of NFP. These high-quality, affordable Catholic catechetical materials, are provided in both English and Spanish. Training in the use of the materials is also offered.

Parish Based Programs

Parish Missions and Pastoral Educational Resources on NFP. NFP Outreach.

<http://www.nfpoutreach.org>. NFP Outreach is a comprehensive clearinghouse for accurate, practical, up-to-date information on Natural Family Planning, its practice, effectiveness, benefits and its underlying moral principles. To achieve this mission, NFP Outreach: encourages each married couple to study and fully understand the vocation of marriage to which they have been called by God. NFP Outreach does this primarily through missions and seminars presented by Fr. Daniel McCaffrey and Fr. Matthew Habiger, OSB. Of note, NFP Outreach also makes use of the services of qualified physicians or teachers of Natural Family Planning in their parish missions and seminars.

Videos

Made for Life: A Catechetical and Educational Aid on the Gift of Children and the Indispensable Place of Fathers and Mothers in Marriage and Society. United States Conference of Catholic Bishops (USCCB), 2011. The video can be watched for free at www.marriageuniqueforareason.org; order from the USCCB Store: <http://store.usccb.org>. Part of the USCCB's *Marriage: Unique for a Reason* series, this DVD discusses the Church's teaching on marriage, children, and the importance of fathers and mothers in an accessible, attractive way, through interviews with married couples and parents. *A Viewer's Guide and Resource Booklet* for priests, deacons, catechists and teachers break open the topic further. A great resource for educational settings in the school or parish; designed for high school aged and older.

Plan Your Family Naturally, An Introduction to Natural Family Planning. Diocese of Rockville Centre. <http://www.drvc-faith.org/videos/plan-your-family-naturally-an-introduction-to-nfp-dvd-trailer/#.V91SOvao5jp>. This twenty-two minute video covers basic information about the science and methods of Natural Family Planning, including Catholic Church teaching which supports its use in marriage. The video features married couples who use NFP. A version of this video with different couples is also provided in Spanish: *Planifique su Familia Naturalmente*; <http://www.drvc-faith.org/videos/dvd-planifique-su-familia-naturalmente/#.V91Skfao5jp>.

FERTILITY AWARENESS BASED METHOD RESOURCES

FABM General Information, Method and Medical Resources

Billings, Evelyn and Westmore, Ann. *The Billings Method: Controlling Fertility without Drugs or Devices*. Life Cycle Books, 1998.

Hilgers, Thomas W. *The Medical & Surgical Practice of NaProTECHNOLOGY*. Pope Paul VI Institute Press, 2004.

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Kippley, John and Sheila. *The Art of Natural Family Planning*. 4th ed. Couple to Couple League, 1996.

Shivanandan, Mary. *Natural Sex: The New No-Pill, No-Artificial-Barrier Method of Family Planning That Enhances Sexual Pleasure and Sexual Equality for Both Partners*. Rawson, Wase Publishers, Inc. 1979.

Wilson, Mercedes Arzú. *Natural Family Planning, Love & Fertility: How to Postpone or Achieve Pregnancy Naturally!* 5th ed. Mercedes Arzú Wilson, 2012.

FABM Bibliography

Bibliography, see <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/what-is-nfp/science/bibliography.cfm>.

For reviews of scientific research on FABMs and related subjects, see <http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/medical-research/index.cfm>.

FABM Providers

Billings Ovulation Method™ Association—USA (BOMA-USA)

BOMA-USA is the only authorized representative of the Billings Ovulation Method™ (BOM) in the United States. The BOM™ is a cervical mucus method developed by the Drs. John and Evelyn Billings of Melbourne, Australia.

- Both client and teacher education in the Billings Ovulation Method™ are provided.
- Client education is provided in group or private on-site class instruction.
- Online charting software is available.
- Teacher education is provided in English and Spanish via on-site programs or through a correspondence course.
- BOMA-USA maintains a list of its certified teachers.
- Multi-language education is provided by WOOMB-International (<http://www.thebillingsovulationmethod.org>)
- Additional education programs can be scheduled for health-care professionals, clergy, and the general public.

For further information, contact:

St. Cloud, MN 56302

Website: www.boma-usa.org

(651) 699-8139

(320) 654-6486 FAX

Email: boma-usa@msn.com

Couple to Couple League International (CCLI or “CCL”)

CCL is a provider of the Sympto-Thermal Method (STM). STM is a multi-indexed method of NFP. It teaches the detection and interpretation of cervical mucus, changes in the basal body temperature (BBT) and cervical changes. It also teaches how to interpret other secondary signs of fertility.

- Client and teacher education in the Sympto-Thermal Method (STM) is provided in both English and Spanish.
- Client education (English and Spanish) is provided by professionally certified teaching couples in their local areas or via live on-line classes. A Self-Paced Online Class is also an option; this is a video-based version of the live class with support available through phone and e-mail contact.
- Teacher education is provided via live on-site classes or through the Internet.
- CCL maintains a list of its certified teachers at http://register.ccli.org/teacher_search.
- National online class search is available at <http://register.ccli.org>.
- CCL provides a variety of educational seminars for health-care professionals, clergy and the general public.
- CCL publishes many resources including the only NFP magazine in the USA (*Family Foundations*).

P.O. Box 111184
Cincinnati, Ohio 45211-1184

or:

4290 Delhi Pike
Cincinnati, OH 45238
Website: <http://www.ccli.org>
1-800-745-8252
(513) 557-2449 FAX
Email: info@ccli.org

Family of the Americas Foundation (FAM)

FAM is a provider of the cervical mucus detection method. The FAM methodology is based on the research of the Drs. Billings.

- Client education is provided in on-site classes and via the US Postal system.
An interactive CD program enhances the program.
- Teacher education is provided in on-site programs and via the US Postal system.
- FAM maintains a list of its certified teachers.
- FAM will work with diocesan NFP staff to offer on-site educational events.
- FAM publishes educational resources in a variety of languages.

For further information, contact:

FAM
P.O. Box 1170
Dunkirk, MD 20754
Website: <http://www.familyplanning.net...>
(301) 627-3346

(301) 627-0847 FAX
 Email: familyplanning@yahoo.com

Marquette University College of Nursing Institute for NFP (MINFP)

MINFP provides education in the Sympto-Hormonal Method (SHM) also called the "Marquette Method." This approach integrates the basic information of the STM with the added feature of an electronic hormonal monitoring device.

- MINFP offers on-line education for both clients and teachers at: <http://nfp.marquette.edu>
- Teacher candidates must be health-care professionals (e.g., nurses, physicians, etc.).
- On-site classes are provided by individual teachers.
- Education in the Spanish language for clients is available.
- MINFP maintains a list of its certified teachers.
- MINFP is a research based institute. Questions regarding the state of NFP scientific research are welcomed.

For further information, contact:

MINFP

P.O. Box 1881

Milwaukee, WI 53201-1881

Website: <http://www.marquette.edu/nursing/natural-family-planning/index.shtml>

(414) 288-3838

(414) 288-1939 FAX

(Director, Richard Fehring, PhD, RN; richard.fehring@marquette.edu)

Northwest Family Services (NWFS) – SymptoPro Fertility Education

NWFS provides education in the Fertility Matters method (or STM), a multi-indexed method of NFP that teaches the detection and interpretation of cervical mucus, basal-body temperature (BBT) and changes in the cervix. It also teaches how to interpret secondary signs of fertility.

- Both client and teacher education in the SymptoPro method (STM) are provided.
- Client education is provided in on-site class programs and through correspondence course via the US Postal system, a client Internet course, and also a combination of correspondence and on-line education for clients who request both.
- A chart app. is available at no extra cost for Internet clients. All others will pay a one-time fee at time of purchase.
- Teacher education is only provided on-line.
- Client and teacher education is available in the Spanish language.
- NWFS maintains a list of its certified teachers.
- A variety of educational programs are available, notably an adolescent chastity curricula entitled, *FACTS*.
- Many resources are published by NWFS including an e-newsletter.

For further information, contact:

NWFS

6200 SE King Road

Portland, OR 97222

Website: <http://www.nwfs.org>
 (503) 546-6377
 (503) 546-9397 FAX
 Email: service@nwfs.org

Pope Paul VI Institute Creighton Model FertilityCare™

The Pope Paul VI Institute provides education in the Creighton Model FertilityCare™ Method of NFP.

- This is a cervical mucus detection method.
- Both client and teacher education are offered.
- Teacher education is offered in the Spanish language.
- The PPVI Institute is accredited by the American Academy of FertilityCare™ Professionals (AAFCP).
- The AAFCP maintains a list of certified Creighton Model FertilityCare™ teachers.
- A variety of educational programs are available for health care professionals, clergy and laity.
- Training in the innovative NaProTechnology, an ethical approach to women's health care, is also provided to physicians.
- A variety of resources, including scientific research, is published by the PPVI Institute. Contact the education department for further information.

Note: The PPVI Institute is part of the network of FertilityCare™ education centers. These centers are accredited by the American Academy of FertilityCare™ Professionals for teacher education. Two of these centers have met the USCCB's Standards for Diocesan NFP Ministry in the area of teacher education. Since the curriculum is standardized, the only significant difference among the centers lies in the individual members of the faculty per center. To meet the USCCB NFP standards, NFP teacher training programs must apply for Approval individually.

For further information, contact:

Pope Paul VI Institute
 6901 Mercy Road
 Omaha, NE 68106
 Website: www.popepaulvi.com
 (402) 390-9168
 (402) 390-9851 FAX
 Email: education@popepaulvi.com

NFP Education for Healthcare Professionals

Fertility Awareness Collaborative To Teach the Science (or FACTS)

FACTS is a national collaborative of physicians, nurses, and NFP educators committed to educating physicians in NFP. FACTS members provide lectures for healthcare professionals and others. Among their resources on their website is an hour-long e-learn that provides an introduction to the science and methods of FABMs. Each subject section is followed by a quiz. CEUs and CMEs are available. Please note, the individual chapters of the e-learn are

also provided in MP4 files on YouTube. These individual chapters can easily be used for general NFP education. See www.FactsAboutFertility.org.

For further information, contact:
Marguerite Duane, MD
mduanemd@gmail.com.

Marquette University College of Nursing NFP Institute

The Marquette University Institute for Natural Family Planning (Milwaukee, Wisconsin) offers an online self-paced educational program for healthcare professionals that includes:

- Core course in all natural indicators of fertility
- Teacher training service program in the Marquette Method of NFP that integrates new hormonal monitoring technology
- An evidenced-based case study NFP medical application course

The online educational services are designed for professional (BSN level) nurses, advanced practice nurses, physicians, and physician assistants. CMEs are available through the Medical College of Wisconsin (Milwaukee). Contact hours for nurses are also available through the Wisconsin Nurses Association-Continuing Education Approval Program.

For further information contact:
Richard J. Fehring, PhD, RN, FAAN (richard.fehring@marquette.edu)
or
Mary Schneider, MSN, FNP-BC (mary.schneider@marquette.edu)
Institute for Natural Family Planning, College of Nursing
Marquette University
Milwaukee, WI
(414) 288-3854
muinstnfp@mu.edu

Pope Paul VI Institute for the Study of Human Reproduction

The Pope Paul VI Institute (Omaha, Nebraska) offers a variety of educational programs for healthcare professionals in the Creighton Model FertilityCare™ system and in NaProTechnology (women's reproductive health services). These programs carry the appropriate CMEs and CEUs from the School of Medicine, Creighton University.

Medical Consultant

This six month program consists of two Education Phases (an eight-day course and a seven-day course) and supervised practicum via long distance supervision. Note: This program is only for medical doctors, osteopaths, nurse practitioners, physician assistants, nurse midwives, or pharmacists.

Medical Consultant/Practitioner

This combined program of 13 months consists of two Education Phases (an eight-day course and another eight-day course) and supervised practicum via long distance supervision. An On- Site Visit is required. Note: Prerequisite—Bachelor degree or RN degree and certification as a FertilityCare™ Practitioner with a minimum of one year of teaching the

Creighton Model FertilityCare™ System.

Nurse Practitioner, Physician Assistant, Nurse Midwife, or Pharmacist

These certificate programs include a combination of the Creighton Model FertilityCare™ Practitioner (teaching the method) and Medical Consultant Programs (working with NaProTechnology). A FertilityCare™ Practitioner who is a nurse practitioner, physician assistant, nurse midwife or pharmacist may return to Education Phase II and complete the Medical Consultant portion of the program.

For further information, contact:

Education Program Coordinator

6901 Mercy Road Omaha, NE 68106

(402) 390-9168

(402) 390-9851 FAX

E-mail: education@popepaulvi.com

Web Page: <http://popepaulvi.com/education>