

## **CURRICULUM VITAE OF RAYMOND STUDZINSKI, O.S.B.**

### **Education:**

Ph.D. -- Fordham University, 1977 (historical theology)  
M.A. -- Indiana University, 1973 (religious studies)  
M.Div. -- St. Meinrad Seminary, 1970  
B.A. -- St. Meinrad College, 1966

**Dissertation:** “John Wyclif and the Sacrament of Penance”

### **Post-Doctoral Education:**

Special Projects Fellowship, Menninger Foundation, Division of Religion and Psychiatry,  
Topeka, Kansas, 1979-81

### **Academic Positions:**

Associate Professor, Religion and Personality,  
The Catholic University of America, School of Religious Studies,  
Department of Religion and Religious Education, 1985-2003; School of  
Theology and Religious Studies, 2003-

Assistant Professor, Religion and Personality,  
The Catholic University of America, School of Religious Studies,  
Department of Religion and Religious Education, Washington, DC, 1981-  
85

Assistant Professor, Pastoral and Historical Theology,  
St. Meinrad School of Theology, St. Meinrad, Indiana, 1973-77

### **Editorial Positions:**

Editor, *The International Journal of Evangelization and Catechetics*, 2020-

### **Summer Faculty Appointments:**

American College, Catholic University of Leuven, Leuven Belgium, 2005  
Assumption University, Saginaw Campus, Saginaw, MI, 2004  
St. Meinrad School of Theology, 2002, 2000, 1998, 1997, 1994, 1988, 1987  
St Michael’s College, Winooski, VT, 1987

The Catholic University of America, 2021, 2019, 2018, 2016, 2013, 2012, 2011, 2010, 2008, 2002, 2000, 1998, 1996, 1986, 1985, 1984, 1983, 1982

**Learned Societies:**

American Academy of Religion, regular member  
American Benedictine Academy, regular member  
Association of Practical Theology, regular member  
College Theology Society, regular member  
Society for the Scientific Study of Religion, regular member  
Society for the Study of Christian Spirituality, regular member

**Publications:**

**A. Books**

*Reading to Live: The Evolving Practice of Lectio Divina.* Cistercian Studies Series, no. 231. Collegeville, MN: Liturgical Press, 2009.

*Spiritual Direction and Midlife Development.* Chicago: Loyola University Press, 1985.

**B. Articles in Journals and Books**

“Editorial.” *The International Journal of Evangelization and Catechetics* 2, no. 1 (Spring, 2021): 1-4.

“Guigo II: A Master Teacher.” In *Carthusian Monasticism: History, World, Society, Texts*. Edited by Stephen Molvarec, SJ, and Demetrio Yocum. Kalamazoo, MI: Medieval Institute Publications, forthcoming.

“Editorial.” *The International Journal of Evangelization and Catechetics* 1, no. 2 (Fall, 2020): 131-133.

“Introduction.” *The International Journal of Evangelization and Catechetics* 1, no. 1 (Spring, 2020): 1-2.

“Spiritual Formation in a Postsecular Age: A Constructive-Relational Perspective.” *Mysterion* 12, no. 2 (2019): 333-340.

"Technologies of the Self in a Monastic Context," in *St. Sylvester: The Relevance of a Charism. Proceedings of the Symposium Held at Fabriano,*

*Monastery of St. Sylvester, Abbot, 1-3 June 2017*, ed. Ugo Paoli, Bibliotheca Montisfani 22, no.2 (Fabriano 2018), 249-272.

- “Living in an Intergenerational Community: The Challenges and Some Strategies.” *American Benedictine Review*, 68, no. 2 (June 2017): 136-153.
- “The Sacraments and Sacramentality in the Life of a Monk,” *Monk+Life*, no. 5 (Spring, 2015): 8-9.
- “Bible Reading Revisited: The Librarian’s Guide to *Lectio Divina* and Formative Styles of Reading.” *Theological Librarianship* 7, no. 1 (2014): 56-64.
- “Celibacy Across the Lifespan.” In *Celibacy*, ed. Denis Robinson, 1-45. Saint Meinrad Studies in Pastoral Ministry, no. 1. St. Meinrad, IN: Abbey Press, 2011.
- “Being Trinitarian.” *Pastoral Music* 35, no. 3 (March 2011): 34-35.
- “Maintaining Spirituality in the Mature Years.” *Benedictines* 63, no. 2 (Fall/Winter 2010): 32-40.
- “Cyprian Davis – Monk, Historian, Teacher, Agent of Hope.” *U.S. Catholic Historian* 28, no. 1 (Winter 2010): 93-98.
- “A Practical Monastic Theology of Aging.” *Benedictines* 61 (Spring/Summer 2008): 6-21.
- “*Lectio Divina*: Reading and Praying.” In *The Tradition of Catholic Prayer*, ed. Christian Raab and Harry Hagan. 201-221. Collegeville, MN: Liturgical Press, 2007..
- “Aging and the Monastic Community: A Practical Monastic Theology of Aging.” *Monastic Liturgy Newsletter* 19, no. 1 (Autumn 2007): 2-14.
- “From Teddy Bears to the Transcendent: Strategic Implications of Developments in the Psychology of Religion for Religious Education. In *Catechetical Scholars III: Perspectives on Evangelization and Catechesis*, ed. Diana Dudoit Raiche. 57-63. Washington: National Catholic Educational Association, 2005.
- “Assimilating the Word: Priestly Spirituality and *Lectio Divina*.” *Louvain Studies* 30 (2005), 70-91.

“Practice Makes Perfect’: Reading as Transformative Spiritual Practice.” In *Ars Liturgiae: Worship, Aesthetics and Praxis*, ed. Clare V. Johnson. 211-228. Chicago: Liturgical Training Publications, 2003.

“The Imagination, the Unconscious, Faith and Moral Development.” In *Moral Imagination in Personal Formation and Character Development*, ed. George F. McLean and Richard Knowles. 99-115. Cultural Heritage and Contemporary Change, Series VII, Seminars on Cultures and Values, 5. Washington: The Council for Research in Values and Philosophy, 2003.

“Season of Wisdom, Season of Grace: Promoting Spiritual Growth among Elders,” *Church* 19, no. 1 (Spring 2003): 10-14.

“Reading and Ministry: Applying *Lectio Divina* Principles in a Ministerial Context.” In *Handbook of Spirituality for Ministers*, Volume 2, edited by Robert J. Wicks. 613-627. New York: Paulist Press, 2000.

“There Is a Balm . . . .” *Assembly* 24 (1998): 22-23.

“The Hope of God’s Coming.” *Assembly* 19, no. 5 (October 1993): 616-17, 622.

"Prayer and Life." *Chicago Studies* 31, no. 1 (1992): 23-33.

"The Pain and Potential of Aging." *The Catholic World* 235, no. 1410 (November/December 1992): 251-255.

"Living the Future: Jesus' Vision and Our Response." *Assembly* 16, no. 2 (1989): 466-469.

"Guidelines for Creative Spirituality at Midlife." *Praying: Spirituality for Everyday Living* No. 33 (November/December 1989): 11-13.

"A Dynamic, Evangelizing Faith." *Catholic Evangelization in the United States of America* 2, no. 3 (1989): 18-21.

"Transcending a Past: From Remorse to Reconciliation in the Aging Process." *The Psychotherapy Patient* 5 (1988), 207-218.

"Tutoring the Religious Imagination: Art and Theology as Pedagogues." *Horizons* 14, no. 1 (1987): 24-38.

"Impasse, Finitude, and Guilt: Some Religious Challenges of Aging." *Bulletin of the Menninger Clinic* 51 (1987): 436-446.

"Remember and Forgive: Psychological Dimensions of Forgiveness." *Concilium* 184 (2/1986): 12-21.

"The Religious Challenges of Aging." *Social Thought* 12, no. 3 (Summer 1986): 11-19.

"Adult Faith Is Reward for Long Life." *Envoy* 15, no. 2 (1986): 4-6.

"Prayer in an Age of Anxiety." *Review for Religious* 39 (1980): 419-28

"The Directed Retreat -- A Monastic Approach." *Review for Religious* 38 (1979): 571-77.

"Freeing the Spirit' -- Toward a Holistic Spirituality." *Contemplative Review* 12 (1979): 1-10.

"The Minister of Reconciliation: Some Historical Models." In *Background and Directions. The Rite of Penance: Commentaries*, Vol. III, ed. Nathan Mitchell. 50-61. Washington, DC: The Liturgical Conference, 1978.

### **C. Dictionary and Encyclopedia Articles**

"Guilt." *New Catholic Encyclopedia*, 2<sup>nd</sup> Edition, 2002.

"Guilt, Theology of,." *New Catholic Encyclopedia*, 2<sup>nd</sup> Edition, 2002.

"Shame." *New Catholic Encyclopedia*, 2<sup>nd</sup> Edition, 2002.

"Counseling." *The Modern Catholic Encyclopedia*. Edited by Michael Downey and Monika Hellwig. Collegeville, MN: Liturgical Press, 1994. Pp. 207-208.

"Guilt." *The Modern Catholic Encyclopedia*. Edited by Michael Downey and Monika Hellwig. Collegeville, MN: Liturgical Press, 1994. Pp. 363-364

"Feelings." *The New Dictionary for Catholic Spirituality*. Edited by Michael Downey. Collegeville, MN: Liturgical Press, 1993. Pp. 392-394.

"Pastoral Care and Counseling." *The New Dictionary for Catholic Spirituality*. Edited by Michael Downey. Collegeville, MN: Liturgical Press, 1993. Pp. 722-723.

"Retreat, Retreat Movement." *The New Dictionary for Catholic Spirituality*.

Edited by Michael Downey. Collegeville, MN: Liturgical Press, 1993. Pp. 826-827.

"Discernment." *The New Catholic Encyclopedia*, Vol. 18 (1988), 122-123.

"God Images." *The New Catholic Encyclopedia*, Vol. 18 (1988), 177-178.

"Object Relations Theory." *The New Catholic Encyclopedia*, Vol. 18 (1988), 329-330.

"Experience, religious." *The New Dictionary of Theology*. Edited by Mary Collins, Joseph Komonchak, and Dermot Lane. Wilmington: Michael Glazier, 1987. Pp. 369-374.

"Psychology." *The New Dictionary of Theology*. Edited by Mary Collins, Joseph Komonchak, and Dermot Lane. Wilmington: Michael Glazier, 1987. Pp. 818-823.

#### **D. Pastoral Pamphlets, Articles and Homilies**

"The Sacraments and Sacramentality in the Life of a Monk." *Monk-Life*, Spring 2015, no. 5. <http://www.saintmeinrad.org/monk-life>

*Sacraments and Sacramental Living in Benedictine Spirituality* (St. Meinrad, IN: Abbey Press, 2014)

"The Healing Word," *Homily Service*, 43/1 (November 2009): 6-9; 16-17; 25-27; 34-36.

AThe Healing Word,@ *Homily Service*, 34/7 (October 2001), 40-41.

AThe Healing Word,@ *Homily Service*, 33/12 (March 2001), 23-25.

AThe Healing Word,@ *Homily Service*, 33/6 (September 2000), 10-11.

AThe Healing Word,@ *Homily Service*, 32/12 (March 2000), 13-15.

AServing the Word,@ *Homily Service*, 32/2 (May, 1999), 35-36.

AServing the Word,@ *Homily Service*, 31/9 (December, 1998), 68-70.

AServing the Word,@ *Homily Service*, 31/2 (May,1998), 16-18.

AServing the Word,@ *Homily Service*, 30/6 (September, 1997), 37-39.

## E. Book Reviews

Review of *Neurotheology: How Science Can Enlighten Us about Spirituality*, by Andrew Newberg. *Reading Religion* 2018.

<http://readingreligion/neurotheology>

Review of *Habits in Mind: Integrating Theology, Philosophy, and the Cognitive Science of Virtue, Emotion, and Character*, edited by Gregory R. Peterson, James A. Van Slyke, Michael Spezio, and Kevin S. Reimer. *Reading Religion* 2017. <http://readingreligion.org/books/habits-mind>

Review of *Psychology, Religion, and Spirituality: Concepts and Applications*, by Fraser Watts. *Reading Religion* 2017.

<http://readingreligion.org/books/psychology-religion-and-spirituality>

Review of *Reviving Christian Humanism: The New Conversation of Spirituality, Theology, and Psychology*, by Don S. Browning. *Worship* 85, no. 2 (March 2011): 189-90.

Review of *John Wyclif: Scriptural Logic, Real Presence, and the Parameters of Orthodoxy*, by Ian Christopher Levy. *Catholic Book Reviews* 2004.

<http://catholicbooksreview.org/2004/levy.htm>.

Review of *Praying the Scriptures*, by Demetrius Dumm. *Catholic Books Review* 2004. <http://catholicbooksreview.org/2004/dumm.htm>.

Review of *Prayer of Heart and Body*, by Thomas Ryan. *Catholic Issues: An On-Line Journal*, 2002.

Review of *A Place Apart: Monastic Prayer and Practice for Everyone*, by M. Basil Pennington. *Catholic Issues: An On-Line Journal*, 1999.

Review of *No Other Light: Points of Convergence in Psychology and Spirituality*, by Mary Wolff-Salin. *Horizons* 16 (1989): 400.

Brief Review of *Knowledge as Desire: An Essay on Freud and Piaget*, by Hans Furth. *The Living Light* 25, no. 4 (1989): 373-74.

Review of *Speaking in Tongues: A Guide to Research on Glossolalia*, ed. by Watson E. Mills. *Review of Religious Research* 29, no. 3 (1988): 322-323.

Review of *Faith Development and Fowler*, ed. by Craig Dykstra and Sharon

Parks. *Worship* 61 (1987): 553-555.

Brief review of *Winter Grace: Spirituality for Later Years*, by Kathleen Fischer. *The Living Light* 22 (1986): 181-182.

Review of *Becoming Adult, Becoming Christian: Adult Development and Christian Faith*, by James W. Fowler. *Worship* 60, no. 3 (1986): 276-278.

Review of *Psychology and Religion: A Reader*, ed. by Margaret Gorman. *The Living Light* 22 (1986): 365-366.

Brief review of *The Way of Spiritual Direction*, by Francis Kelly Nemeck and Marie Theresa Coombs. *The Living Light*, 23 (1986): 83-84.

Review of "The Life of the Self in Christian Spirituality and Contemporary Psychoanalysis" by John McDargh in *Horizons* 11, no. 2 (Fall 1984), 344-60. *Social Thought* 11, no. 3 (Summer 1985): 79-80.

Brief review of *Contours of a World View*, by Arthur F. Holmes. *The Living Light* 20 (1984): 368-369.

Brief review of *Christo-Psychology*, by Morton Kelsey. *The Living Light* 20 (1984): 368

Brief review of *The Spiritual Life: Learning East and West*, by John H. Westerhoff III and John D. Eusden. *The Living Light* 19 (1982): 371-372.

Brief review of *Exploring Spiritual Direction: An Essay on Christian Friendship*, by Alan Jones. *The Living Light* 19 (1982): 372.

Brief review of *Mid-life: Psychological and Spiritual Perspectives*, by Janice Brewi and Anne Brennan. *The Living Light* 19 (1982): 372-373.

Brief review of *Guillaume de Saint-Thierry: Aux Sources d'une Pensee*, by Jean Dechanet. *Theological Studies* 40 (1979): 215-216.

### **Dissertations Directed:**

2020

Kozlowski, Matthew. "The Man of Perfect Virtue: Bonaventure's *Legenda Maior* in the Tradition of Hagiography." 2020



2017

Niyitegeka, Cyprien. “The Metaphor of the Face in Thérèse of Lisieux from the Philosophical Perspective of Emmanuel Lévinas: Creating a Model for Contemporary Mission Spirituality.” 2017.

2015

Klimek, Daniel. “Visionary Experiences Examined: Recent Scientific Studies of Extraordinary Religious Experiences and Their Contribution to Spirituality – The Case of the Medjugorje Seers.” 2015. Published as *Medjugorje and the Supernatural: Science, Mysticism, and Extraordinary Religious Experience* (New York: Oxford University Press, 2018).

Killeen, Peter. “The Development and Significance of the Religious Habit of Men.” 2015

2014

Halbach, Matthew. “The Conceptual Evolution of ‘Evangelization’ and ‘Catechesis,’ from the *General Catechetical Directory* (1971) to the *General Directory of Catechesis* (1997): Tracing the Path Towards the ‘New Evangelization.’” 2014

McCloskey, Elizabeth, “Lives as Revelatory Texts: Constructing a Spiritual Biography of Arleen McCarty Hynes, O.S.B.” 2014

Olsen, Kristina.”Work in the Spirituality of Teresa of Avila” 2014

2013

Tseng, Jufang. “Han Christian Conversion in Taiwan: A Study of Presbyterian Converts from Traditional Chinese Religions” 2013

2012

Arcement, Kyle T. “In the School of the Prophets: The Formation of Thomas Merton’s Prophetic Spirituality” 2012.

Magee, Kanika A. M. “Ella Mitchell: A Forerunner of Liberation Spirituality among African-American Women” 2012.

2011

Yoder, Heidi Miller. “The Spiritual Practice of Ritually Enacted Narrative: Expanding Pilgram Marpeck’s Understanding of Action in the Lord’s Supper.” 2011.

2010

Mellinger, Laurie. “Teaching Theology as a Christian Spiritual Practice: The Example of

Stanley J. Grenz.” 2010.

Dante, Michael. “Technologies of the Ignatian Exercises: A Means of Transforming the Self Today.” 2010.

Lee, Shin Ja. “The Practice of Spiritual Direction in the Life and Writings of St. Elizabeth Ann Seton.” 2010.

2009

Sanchez, Celeste D. “A Study of *The Cloud of Unknowing* from the Perspective of the Psychology of Consciousness.” 2009.

2007

McGroarty, Brendan. “A Study of Walter Hilton’s Reformation in Faith and Feeling from the Perspective of Affect Theory.” 2007.

Thralls, Chad. “Ann Belford Ulanov’s Use of Psychology in Interpreting the Spiritual Life: Her Contribution to the Psychology of Prayer.” 2007.

2006

McCarthy, Andrew. “Francis of Assisi as Artist of the Spiritual Life: An Object Relations Theory Perspective.” 2006. Published as *Francis of Assisi as Artist of the Spiritual Life: An Object Relations Perspective* (Lanham, MD: University Press of America, 2010).

2003

Catanzaro, Ana Maria. “The Meaning and Place of Spirituality in the Education of Student Nurses from the Mid 1800s to the Present Time.” 2003.

2000

Morris, Thomas H. “The Process of Discernment in the *Rite of Christian Initiation of Adults*.” 2000.

Magro, Emanuel P. “The Role of Imagination in Catechesis in Light of D. W. Winnicott’s Theory of Emotional Development.” 2000.

1993

Griffin, Douglas L. “The Relationship of Self-rated Health Status to Attributes of Religion: An Analysis of Non-institutionalized American Adults.” 1993.

1991

Lawrence, Richard T. “The God Image Inventory: The Development, Validation and Standardization of a Psychometric Instrument for Research, Pastoral and Clinical

Use in Measuring the Image of God." 1991.

Dmochowski, Mary Ann. "A Theological and Psychodynamic Examination of the Role of Petition in the Development of Personal Prayer Life." 1991.

1989

Baron, Keith. "A Study of St. John of the Cross's Theology of Transformation from the Perspective of Psychoanalytic Object Relations Theory." 1989.

1988

Milos, Joy. "The Role of the Spiritual Guide in the Life and Writings of Evelyn Underhill." 1988.

**Doctor of Ministry Projects Directed:**

2021

Davis, Shyla. "Development of Bible Based Prayer and Prayer Rituals for Newly Married Couples and Young Families to Deepen Their Relationship with God and with Each Other." 2021

Lwin, Salai. "Training Catholic Parents to Be Ministers of Forgiveness and Reconciliation in Their Personal and Familial Relationships." 2021

2020

Martin, Christopher. "The Discernment of Charism(s) as the Foundation for the Mission of the 'Domestic Church.'" 2020

2019

Kajoh, Robert. "Introducing Charismatics to Contemplation and Contemplative Practice" 2019

2018

Papania, Dolores. "Baptismal Spirituality for Daily Living" 2018

Cunningham, Michael. "Recognizing the Continuous Presence of God in Our Lives: Ministering Using Photography and Poetry in the Modern World" 2018

Newman, Michael. "'Be Who You Are and Be That Well': Salesian Principles and Practices for the Devout Life" 2018

2017

Rendon-Reyes, Juan. "The Dark Night: A Model of Spiritual Formation for Emerging Young Adults in College" 2017

Marshall, Peter. "Here in This Place: Theology of Place as a Means of Enriching Diocesan Seminarian Spiritual Formation" 2017

Pullano, Dominic. "The Spiritual Formation of the Catholic Teacher" 2017

2014

Marden, Rose. "Why Don't They Come? Enhancing Participation in Parish Adult Faith Formation" 2014

Anthony Muthu, Anthoni Raju. "Dealing with Anger in Ministry in an Indian Cultural Context: Constructive Expression Creates a Caring Impression" 2014

2013

Harkins, Ruth. "Crafting Authentic Community" 2013

Le, Phi Cong. "*Lectio Divina* for Newly Married Couples: Reconsidering Christian Families as Domestic Churches" 2013

Florio, Philip A. "Development of the 'Ignis' Training Program: An Introduction to Ignatian Spirituality and Mission in the Jesuit Tradition for Educators and Staff in Jesuit Institutions of Higher Education" 2013

2012

Henning, Claire M. "Passing on a Catholic Expression of Christian Faith in Today's Milieu: A Model of Faith Formation and Faith Sharing for Catholic Parents of Early Primary School Aged Children Using Three Parables in the Gospel of Luke." 2012

Edwards, Ardella. "Spiritual Formation for Lay Lectors." 2012

2004

Habawel, John. "A Program of Fostering Contemplative Leadership for a Filipino Catholic Charismatic Community." 2004.

**Courses Taught at The Catholic University of America:**

Dialogue between Theology and Psychology (CUA – TRS 753A)

An examination of the evolving dialogue between theology and psychology, the theological uses of psychology, and prospects for the future of the dialogue.

Dynamics of Christian Spirituality (CUA -- TRS 251)

An introduction to Christian Spirituality with focus on major historical figures and developments.

Psychology and Religion (CUA -- Rel 621; TRS 651A)

Historical survey of the psychology of religion and contemporary perspectives of psychology and religion on selected topics.

Religion and the Life Cycle (CUA -- Rel 420; TRS 353)

Investigation of the place and development of religion across the life span.

Ministry of Spiritual Direction (CUA -- Rel 788; TRS 655)

Consideration of the history, principles, and practice of spiritual direction.

Personality and Religious Development (CUA -- Rel 622; TRS 753B)

Examination of the psychological foundations of religion in human development and the evolution of religion during the life cycle.

**More Recent Presentations at Professional Conferences:**

2019 “Spiritual Formation in a Postsecular Age: A Constructive-Relational Perspective.” Paper presented at a Conference entitled “Evolving Methodologies” sponsored by the Society for the Study of Christian Spirituality and the Forum dei Professori di Teologia Spirituale in Italia. Pontificia Università Antonianum, Rome. September 27, 2019.

2017

“Technologies of the Self in a Monastic Context” Invited Paper presented at the Symposium held at the Monastery of St. Sylvester in Fabriano, Italy, commemorating the 800<sup>th</sup> anniversary of the death St. Sylvester Guzolini. June 1-3, 2017.

2013

”A Monastic Approach to *Lectio Divina* and a Spirituality of Aging.” Series of Talks to Monastics, Abbey of the Genesee, Piffard, New York, June 9-12, 2013

2012 “Looking to the Future of Religious Life: *Perfectae Caritatis* and the Church Today,” Reform and Renewal: Vatican II after Fifty Years. A Four-Day Symposium at The Catholic University of America. September 27, 2012.

2010 “*Lectio Divina* in Monastic Life,” 25<sup>th</sup> Annual Monastic Institute. St. John’s Abbey, Collegeville, MN. June 28, 2010.

2009 “Monastic Appropriation of Scholastic Approaches to Reading,” 44<sup>th</sup> International

Congress on Medieval Studies. Western Michigan University, Kalamazoo, MI,  
May 9, 2009.

- 2007 “Aging and the Monastic Community,” Keynote Address at the  
Meeting of the Monastic Liturgy Forum and Benedictine Musicians, Mount Marty  
College, Yankton, SD, July 18, 2007.